

Ministry of Long-Term Care

## Fact Sheet for Long-Term Care Residents: Vaccinations and Therapeutics 2023

**Protect yourself this fall by making sure you get your vaccinations as soon as they are available.**

This fall, respiratory illnesses are expected to be circulating, including COVID-19, flu and respiratory syncytial virus (RSV).

Vaccination is the best way for you to remain protected against severe outcomes from these illnesses.

Speak to staff in the home and ask about when you can receive your flu and COVID-19 vaccinations.

**It's safe and convenient to receive both the COVID-19 and flu shots at the same time.**

Long-term care residents over the age of 60 will also be offered a vaccine for RSV through the province's first publicly funded RSV vaccination program. RSV vaccines are expected to arrive starting mid-October and more information will be coming soon.

Antivirals, such as Paxlovid and Tamiflu, are also very important tools to protect against severe illness. Speak to staff in the home about getting pre-assessed for antivirals so if you get sick you can access these more quickly.